

MSK – SPINAL CLINICAL TEAM

Dedicated MDT: NHS MSK Consultants, Advanced Practitioner Physiotherapists and Specialist Physiotherapists

	Spinal
Symptoms and Diagnoses Accepted	<ul style="list-style-type: none"> • Degenerative conditions of the spine including PID • Inflammatory conditions of the spine • Back pain and radicular pain assessment • Neck pain and radicular symptoms referable to the cervical spine. • Suspected spinal stenosis, spondylolisthes • Suspected mechanical/ postural neck, thoracic and low back pain. • Sacroiliac joint pain • Coccygodynia
Assessments, Treatments and Interventions Available	<ul style="list-style-type: none"> • Specialist spinal assessment • Appropriate imaging including MRI, CT with or without contrast, USS and relevant blood tests • QOL and PROM Scoring • Shared decision making information, patient education, information and self help • Alternative service to physiotherapy for appropriate patients: 28 day pain management, exercise and lifestyle advice with a medical co-ordinated programme including: 3 appointments per week for 4 weeks to replace current contract episode for TLT • Review for surgical management when appropriate (includes fitness for surgery assessment) • Onward referral to the specialist Neurosciences Regional Centre for appropriate clinical pathways

e-RS (CHOOSE AND BOOK)

Speciality	Clinic Type	Service Name
Orthopaedics	Spine - Neck Pain	See CCG link for individual e-RS service names
	Spine - Back Pain (not Scoliosis/Deform)	